





# Nachbarschaftshilfe Alsbach-Hähnlein e.V.

## **Neighbourhood Assistance**



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www.nachbarschaftshilfe-ahs.de





#### Our Credo:

Helping people who cannot help themselves or who don't find help by others

#### Personal situations of our "clients" (examples):

People who have suddenly lost their partner/friend/neighbour or their partner's care

People who moved shortly before to our municipality without knowing somebody

Lonesome, shy, handicapped, poor, "difficult" people





# Our goal is to help citizens in everyday life situations

- which arise suddenly or can be foreseen
- where help is limited in time or temporary
- which can be done by our members
- in which it is difficult to get professional help

#### Where we can offer our help

- Accompanying to the doctor or to public authorities
- Go shopping and help in household or garden
- Talking with lonely people
- Training for use of electronic media, internet, smartphones
- Attendance at walks or to cinema or theatre





#### How we work

- No office
- Emerency No. 5008-700 (mailbox)
- Daily check of calls on base of a weekly plan
- Person responsible :
  - First evaluation
  - Direct order or E-mail circle
  - Assign to overtake case responsibility





#### Our basic principles

- Our help ist free of charge
- Generally our help is no financial help (exceptions)
- We won't compete with professional services like craftsmen or care / nursing services
- If we cant't help we try to find help elsewhere or to give the person informations which are helpful





#### Our Organisation: The Neighbourhood Help of Alsbach-Hähnlein

- Charity association
- Founded in 2014 on base of activities of the Alsbach-Hähnlein Seniorenbeirat (Seniors Council)
- More than 75 members (active and passiv)
- Yearly fee 8 €
- Donations

Insurance by Land Hessen





#### Some more activities – own initiatives

"SINT"-programm: Online Courses for Internet help



Digitalization for better participation in daily life

"Come together"- events
For finding friends for common activities

Support in infrastructure : giving donations for "seniors fitness trimmers"







### And finally our work has shown us

Even in a good neighbourhood and a good welfare infrastructure

people need and estimate solidarity

A good motivation to continue our work